

Junioerenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 1
23-10-2010 - 15:00

Heren, 200m rugslag

Junioeren 1 en ouder
Resultaten

| Rang | | | In.tijd | Tijd |
|------|----------------------|----------|-----------------|---------------------|
| 1. | Ferdy Klein Nienhuis | ZPC Livo | 2:44.53 9601663 | 2:43.17 |
| 2. | Robin Bonnink | ZPC Livo | 2:49.50 9601233 | 2:43.54 FJ 1 |
| 3. | Johan van den Burg | Zw | NT 9505741 | 2:43.54 FJ 2 |

Programmanr. 2
23-10-2010 - 15:05

Dames, 200m rugslag

Senioeren Open
Resultaten

| Rang | | | In.tijd | Tijd |
|------|--------------------|------------------|-----------------|----------------|
| 1. | Jody Looman | Zw | 2:48.76 9701388 | 2:48.89 |
| 2. | Blanca de Louw | Aquapoldro | 2:59.76 9801268 | 2:50.45 |
| 3. | Loranne van Keulen | Aquapoldro | 3:11.38 9701574 | 2:51.23 |
| 4. | Judith Wentink | De Berkelduikers | 2:57.91 9701414 | 2:54.93 |
| 5. | Sharon Lageschaar | ZPC Livo | 2:50.13 9702134 | 3:00.01 |
| 6. | Gerdien Robbertsen | De Berkelduikers | 3:07.13 9007524 | 3:01.77 |
| 7. | Sanne Ditzel | Aquapoldro | 3:10.29 9901092 | 3:05.60 |
| 8. | Sophie van Hunen | Aquapoldro | 3:18.71 9802152 | 3:08.92 |
| 9. | Lisa Rijnders | ZPC Livo | 3:10.73 9702140 | 3:09.78 |
| 10. | Naomi Oolthuis | ZPC Livo | NT 9900780 | 3:10.11 |
| 11. | Isabel Groen | Aquapoldro | 4:00.00 9802892 | 3:45.60 |

Programmanr. 3
23-10-2010 - 15:15

Heren, 200m vlinderslag

Junioeren 1 en ouder
Resultaten

| Rang | | | In.tijd | Tijd |
|------|----------------------|------------------|-----------------|----------------|
| 1. | Joshua van den Elzen | Aquapoldro | 2:43.54 9602423 | 2:34.64 |
| 2. | Thomas Luchies | De Berkelduikers | 3:50.00 9800839 | 3:30.36 |
| 3. | Emiel Eising | De Berkelduikers | 3:49.72 9701747 | 3:31.09 |

Programmanr. 4
23-10-2010 - 15:20

Dames, 200m vlinderslag

Senioeren Open
Resultaten

| Rang | | | In.tijd | Tijd |
|------|-------------------|------------------|-----------------|----------------|
| 1. | Felicia Swets | Aquapoldro | 3:10.54 9801272 | 2:49.37 |
| 2. | Marlieke Scholten | De Berkelduikers | 2:58.48 9700708 | 2:59.36 |
| 3. | Rianne Hesse | Aquapoldro | 3:49.67 9703494 | 3:50.03 |

Programmanr. 5
23-10-2010 - 15:25

Heren, 100m vrije slag

Junioeren 1 en ouder
Resultaten

| Rang | | | In.tijd | Tijd |
|------|--------------------|------------------|-----------------|----------------|
| 1. | Berjan Ebbekink | De Berkelduikers | 56.13 9300761 | 58.00 |
| 2. | Niels Thomassen | Zw | 1:00.02 9500293 | 1:00.44 |
| 3. | Daan Nijland | De Berkelduikers | 1:02.92 9500781 | 1:03.17 |
| 4. | Niels Tjoonk | De Berkelduikers | 1:03.01 9600995 | 1:03.89 |
| 5. | Luuk Nijland | De Berkelduikers | 1:05.48 9700333 | 1:04.41 |
| 6. | Emiel v. Bezooijen | De Berkelduikers | 1:06.54 9602089 | 1:06.13 |
| 7. | Marc Douwma | Zw | 1:04.12 9403243 | 1:06.32 |
| 8. | Rick Wassink | De Berkelduikers | 1:04.92 9403219 | 1:07.08 |

Juniorenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 5, Heren, 100m vrije slag, Junioren 1 en ouder

| Rang | | | In.tijd | | Tijd |
|-------|--|------------------|---------|---------|--------------------|
| 9. | Dave Holweg | ZPC Livo | 1:07.42 | 9701521 | 1:08.00 |
| 10. | Oliver Jongbloed | ZPC Livo | 1:06.48 | 9801645 | 1:08.92 |
| 11. | Rob Rikken | Zw | 1:09.84 | 9402521 | 1:09.70 |
| 12. | Yegor Ridley | Zw | 1:08.24 | 9802957 | 1:10.12 |
| 13. | Jesse Thomassen | Zw | 1:09.50 | 9700273 | 1:10.64 |
| 14. | Simon Hogenstijn | Zw | 1:09.92 | 8805915 | 1:11.58 |
| 15. | Martijn Cai | De Berkelduikers | 1:13.48 | 9701745 | 1:11.76FJ 1 |
| 16. | Bauke Meekes | ZPC Livo | 1:13.27 | 9502033 | 1:11.76FJ 2 |
| 17. | Jordi Oolthuis | ZPC Livo | 1:16.92 | 9502999 | 1:15.60 |
| 18. | Thomas Achtereekte | De Berkelduikers | 1:18.11 | 9601507 | 1:15.73 |
| 19. | Erik Boers | ZPC Livo | 1:18.60 | 9702553 | 1:15.98 |
| 20. | Sjoerd Teunissen | De Berkelduikers | 1:17.02 | 9600997 | 1:16.00 |
| 21. | Nick Bongers | De Berkelduikers | 1:18.44 | 9800843 | 1:17.43FJ 1 |
| 22. | Sander Berentsen | Zw | 1:18.86 | 9406227 | 1:17.43FJ 2 |
| 23. | Mart Roks | Aquapoldro | 1:20.07 | 9801687 | 1:18.30 |
| 24. | Vincent van Emous | Aquapoldro | 1:24.95 | 9802783 | 1:22.01 |
| 25. | Irjan Brummelman | De Berkelduikers | 1:09.53 | 9701751 | 1:22.36 |
| 26. | Martin Limpers | Aquapoldro | 1:24.91 | 9801505 | 1:23.02 |
| 27. | Daniël Hoogvliet | Aquapoldro | 1:38.07 | 9505695 | 1:23.29 |
| 28. | Chris Bluemink | ZPC Livo | 1:31.00 | 9801299 | 1:24.86 |
| 29. | Bouwe Ackema | De Berkelduikers | 1:44.99 | 9803151 | 1:31.64 |
| DIS | Dennis Buurman | Zw | 1:26.06 | 9604865 | |
| | <i>AA - Te vroeg bewogen bij start.(geen tijd noteren)</i> | | | | |
| AFGEM | Niels Bonnink | ZPC Livo | 1:06.02 | 9601661 | |

Programmanr. 6
23-10-2010 - 15:40

Dames, 100m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|---------------------|------------------|---------|---------|--------------------|
| 1. | Elmi Roelofsen | Zw | 1:02.12 | 9008198 | 1:01.58 |
| 2. | Amber Huiskamp | Zw | 1:05.40 | 9401678 | 1:05.89 |
| 3. | Lotte Eising | De Berkelduikers | 1:05.11 | 9502098 | 1:08.48 |
| 4. | Felicia Swets | Aquapoldro | 1:13.89 | 9801272 | 1:10.02 |
| 5. | Alissa Onstenk | De Berkelduikers | 1:07.21 | 9501456 | 1:10.26 |
| 6. | Marieke ten Have | De Berkelduikers | 1:09.06 | 9302272 | 1:10.53 |
| 7. | Sabrina Vosselman | Zw | 1:12.97 | 9802360 | 1:11.98 |
| 8. | Bernice Jager | De Berkelduikers | 1:12.97 | 9701416 | 1:12.18FJ 1 |
| 9. | Kristy van Braak | ZPC Livo | 1:11.16 | 9800938 | 1:12.18FJ 2 |
| 10. | Michelle van Emous | Aquapoldro | 1:14.68 | 9506428 | 1:12.79 |
| 11. | Ellen Rikken | Zw | 1:18.06 | 9604574 | 1:15.11 |
| 12. | Annemarie Wijnhoud | Zw | 1:23.36 | 9606336 | 1:17.86 |
| 13. | Marijke Boer | Zw | 1:18.56 | 9301090 | 1:18.92 |
| 14. | Mascha Mannak | Aquapoldro | 1:18.68 | 9501270 | 1:20.95 |
| 15. | Britt Zweverink | De Berkelduikers | 1:15.42 | 9802952 | 1:22.23 |
| 16. | Iris Huinink | ZPC Livo | 1:22.07 | 9804024 | 1:22.99 |
| 17. | Vera Knapen | Aquapoldro | 1:31.10 | 9702528 | 1:27.06 |
| 18. | Marliene Grave | Zw | 1:28.93 | 9901250 | 1:28.04 |
| 19. | Jonna van Gortel | Zw | 1:25.58 | 9803638 | 1:31.56 |
| 20. | Nienke Braakhekke | De Berkelduikers | 1:31.64 | 8900556 | 1:33.02 |
| 21. | Marloes Bouwmeester | Zw | 1:40.02 | 9904540 | 1:36.32 |
| 22. | Bibi van Asselt | Aquapoldro | 1:43.67 | 9805334 | 1:39.77 |
| 23. | Ilse Langevoort | Zw | 1:43.29 | 9904784 | 1:40.58 |
| 24. | Sheila ten Voorde | Zw | 1:43.93 | 9904538 | 1:41.93 |
| AFGEM | Jody Taken | ZPC Livo | 1:26.26 | 9704604 | |

Juniorenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 6, Dames, 100m vrije slag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|-------|----------------|----------|---------|---------|------|
| AFGEM | Emma ter Woord | ZPC Livo | 1:42.36 | 9901620 | |

Programmanr. 7
23-10-2010 - 15:50

Heren, 50m rugslag

Junioren 1 en ouder
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|------------------|---------|---------|--------------|
| 1. | Johan van den Burg | Zw | NT | 9505741 | 33.48 |
| 2. | Arjan Nijman | De Berkelduikers | 34.48 | 8902279 | 33.80 |
| 3. | Harmen van Middelkoop | De Berkelduikers | 34.73 | 9601121 | 34.11 |

Programmanr. 8
23-10-2010 - 15:55

Dames, 50m rugslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|------------------|---------|---------|--------------|
| 1. | Sanne ten Have | De Berkelduikers | 37.76 | 9001378 | 37.64 |
| 2. | Rianne Hesse | Aquapoldro | 40.10 | 9703494 | 40.53 |
| 3. | Laura Achtereekte | De Berkelduikers | 42.86 | 9403742 | 40.70 |
| 4. | Zoë de Vroed | Aquapoldro | 42.43 | 9604742 | 41.80 |
| 5. | Anna Ombeng | Aquapoldro | 43.82 | 9603980 | 42.80 |
| 6. | Lara van de Beek | Aquapoldro | 45.61 | 9705854 | 45.00 |

Programmanr. 9
23-10-2010 - 15:55

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|----------------------|------------------|---------|---------|----------------|
| 1. | Niels Thomassen | Zw | 2:36.70 | 9500293 | 2:31.32 |
| 2. | Marc Douwma | Zw | 2:39.23 | 9403243 | 2:35.25 |
| 3. | Robin Bonnink | ZPC Livo | 2:45.84 | 9601233 | 2:46.26 |
| 4. | Yegor Ridley | Zw | 2:59.88 | 9802957 | 2:49.80 |
| 5. | Rob Rikken | Zw | 2:50.20 | 9402521 | 2:51.26 |
| 6. | Sander Wissink | De Berkelduikers | 2:54.26 | 9501769 | 2:51.60 |
| 7. | Jesse Thomassen | Zw | 3:08.44 | 9700273 | 3:04.09 |
| DIS | Ferdy Klein Nienhuis | ZPC Livo | 2:50.48 | 9601663 | 2:53.54 |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder met de keerhandeling bezig te zijn

Programmanr. 10
23-10-2010 - 16:05

Dames, 200m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|------------------|---------|---------|--------------------|
| 1. | Elmi Roelofsen | Zw | 2:42.39 | 9008198 | 2:38.10 |
| 2. | Amber Huiskamp | Zw | 2:44.86 | 9401678 | 2:46.19 |
| 3. | Tamara Maassen | Aquapoldro | 2:57.26 | 9801270 | 2:50.58 |
| 4. | Blanca de Louw | Aquapoldro | 2:52.68 | 9801268 | 2:53.22 |
| 5. | Jody Looman | Zw | 2:53.09 | 9701388 | 2:53.48 |
| 6. | Sabrina Vosselman | Zw | 2:54.43 | 9802360 | 2:54.02FJ 1 |
| 7. | Manon Kolkman | De Berkelduikers | 3:05.39 | 9705498 | 2:54.02FJ 2 |
| 8. | Sharon Lageschaar | ZPC Livo | 2:51.14 | 9702134 | 2:58.52 |
| 9. | Ellen Rikken | Zw | 3:14.57 | 9604574 | 3:04.54 |
| 10. | Michelle van Emous | Aquapoldro | 3:16.84 | 9506428 | 3:07.70 |
| 11. | Loes v.d. Linden | De Berkelduikers | 3:13.54 | 9801234 | 3:10.60 |

Junioerenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 10, Dames, 200m wisselslag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------------|---------|---------|----------------|
| 12. | Naomi Oolthuis | ZPC Livo | 3:09.74 | 9900780 | 3:12.86 |
| 13. | Lisa Rijnders | ZPC Livo | 3:09.54 | 9702140 | 3:17.39 |
| 14. | Eline Groen | Aquapoldro | 3:18.54 | 9504720 | 3:19.26 |
| 15. | Mascha Mannak | Aquapoldro | 3:18.86 | 9501270 | 3:23.26 |
| 16. | Marliene Grave | Zw | 3:39.36 | 9901250 | 3:24.68 |
| 17. | Lisette Kettelarij | De Berkelduikers | 4:11.45 | 9602004 | 3:31.17 |
| 18. | Jonna van Gortel | Zw | 3:31.19 | 9803638 | 3:36.80 |
| 19. | Marloes Bouwmeester | Zw | 4:08.40 | 9904540 | 3:54.60 |

Programmanr. 11
23-10-2010 - 16:20

Heren, 100m schoolslag

Junioeren 1 en ouder
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|------------------|---------|---------|----------------|
| 1. | Niels Tjoonk | De Berkelduikers | 1:18.52 | 9600995 | 1:16.89 |
| 2. | Emiel v. Bezooijen | De Berkelduikers | 1:25.79 | 9602089 | 1:25.25 |
| 3. | Simon Hogenstijn | Zw | 1:25.19 | 8805915 | 1:25.52 |
| 4. | Dave Holweg | ZPC Livo | 1:26.82 | 9701521 | 1:26.33 |
| 5. | Bauke Meekes | ZPC Livo | 1:25.51 | 9502033 | 1:26.46 |
| 6. | Oliver Jongbloed | ZPC Livo | 1:29.55 | 9801645 | 1:29.38 |
| 7. | Harmen van Middelkoop | De Berkelduikers | 1:29.51 | 9601121 | 1:29.48 |
| 8. | Luuk Nijland | De Berkelduikers | 1:31.54 | 9700333 | 1:30.03 |
| 9. | Nick Bongers | De Berkelduikers | 1:34.27 | 9800843 | 1:33.51 |
| 10. | Jordi Oolthuis | ZPC Livo | 1:35.39 | 9502999 | 1:34.69 |
| 11. | Daniël Hoogvliet | Aquapoldro | 1:34.86 | 9505695 | 1:34.86 |
| 12. | Sjoerd Teunissen | De Berkelduikers | 1:29.08 | 9600997 | 1:35.04 |
| 13. | Sander Berentsen | Zw | 1:34.74 | 9406227 | 1:36.95 |
| 14. | Dennis Buurman | Zw | 1:42.73 | 9604865 | 1:38.80 |
| 15. | Emiel Eising | De Berkelduikers | 1:46.82 | 9701747 | 1:48.23 |
| 16. | Erik Boers | ZPC Livo | 1:53.64 | 9702553 | 1:50.01 |
| 17. | Bouwe Ackema | De Berkelduikers | 2:00.30 | 9803151 | 1:50.88 |
| 18. | Chris Bluemink | ZPC Livo | 1:54.39 | 9801299 | 1:51.30 |
| AFGEM | Niels Bonnink | ZPC Livo | 1:40.39 | 9601661 | |

Programmanr. 12
23-10-2010 - 16:30

Dames, 100m schoolslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|------------------|---------|---------|----------------|
| 1. | Loranne van Keulen | Aquapoldro | 1:26.16 | 9701574 | 1:28.16 |
| 2. | Gerdien Robbertsen | De Berkelduikers | 1:27.54 | 9007524 | 1:29.98 |
| 3. | Kristy van Braak | ZPC Livo | 1:28.95 | 9800938 | 1:33.70 |
| 4. | Zoë de Vroed | Aquapoldro | 1:35.36 | 9604742 | 1:34.36 |
| 5. | Anna Ombeng | Aquapoldro | 1:36.07 | 9603980 | 1:37.36 |
| 6. | Maaïke Past | Aquapoldro | 1:34.86 | 9901598 | 1:37.68 |
| 7. | Annemarie Wijnhoud | Zw | 1:41.77 | 9606336 | 1:39.16 |
| 8. | Iris Huinink | ZPC Livo | 1:38.61 | 9804024 | 1:40.30 |
| 9. | Sanne Ditzel | Aquapoldro | 1:37.80 | 9901092 | 1:40.50 |
| 10. | Laura Achtereekte | De Berkelduikers | 1:40.36 | 9403742 | 1:44.80 |
| 11. | Nienke Braakhekke | De Berkelduikers | 1:41.95 | 8900556 | 1:45.51 |
| 12. | Sophie van Hunen | Aquapoldro | 1:44.52 | 9802152 | 1:46.36 |
| 13. | Sheila ten Voorde | Zw | 1:47.02 | 9904538 | 1:47.59 |
| 14. | Isabel Groen | Aquapoldro | 1:49.29 | 9802892 | 1:47.89 |
| 15. | Vera Knapen | Aquapoldro | 2:01.36 | 9702528 | 1:57.53 |
| 16. | Bibi van Asselt | Aquapoldro | 1:59.80 | 9805334 | 1:58.13 |

Juniorenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 12, Dames, 100m schoolslag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|-------|-----------------|----------|---------|---------|----------------|
| 17. | Ilse Langevoort | Zw | NT | 9904784 | 2:03.43 |
| AFGEM | Emma ter Woord | ZPC Livo | 2:09.80 | 9901620 | |
| AFGEM | Jody Taken | ZPC Livo | 1:46.35 | 9704604 | |

Programmanr. 13
23-10-2010 - 16:40

Heren, 50m vlinderslag

Junioren 1 en ouder
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|----------------------|------------------|---------|---------|--------------|
| 1. | Berjan Ebbekink | De Berkelduikers | 27.68 | 9300761 | 29.10 |
| 2. | Joshua van den Elzen | Aquapoldro | 30.94 | 9602423 | 31.41 |
| 3. | Niels Thomassen | Zw | 33.22 | 9500293 | 32.14 |
| 4. | Daan Nijland | De Berkelduikers | 32.32 | 9500781 | 32.18 |
| 5. | Johan van den Burg | Zw | NT | 9505741 | 32.95 |
| 6. | Yegor Ridley | Zw | 33.45 | 9802957 | 33.16 |
| 7. | Rick Wassink | De Berkelduikers | 35.73 | 9403219 | 35.16 |
| 8. | Arjan Nijman | De Berkelduikers | 36.11 | 8902279 | 35.98 |
| 9. | Sander Wissink | De Berkelduikers | 39.42 | 9501769 | 38.30 |
| 10. | Martijn Cai | De Berkelduikers | 40.80 | 9701745 | 39.92 |
| 11. | Thomas Achtereekte | De Berkelduikers | 42.73 | 9601507 | 42.86 |
| 12. | Martin Limpers | Aquapoldro | 47.71 | 9801505 | 44.58 |
| 13. | Irjan Brummelman | De Berkelduikers | 40.45 | 9701751 | 45.63 |
| 14. | Vincent van Emous | Aquapoldro | 49.60 | 9802783 | 46.19 |
| 15. | Mart Roks | Aquapoldro | 51.71 | 9801687 | 48.05 |

Programmanr. 14
23-10-2010 - 16:40

Dames, 50m vlinderslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|------------------|---------|---------|--------------|
| 1. | Elmi Roelofsen | Zw | 31.82 | 9008198 | 32.04 |
| 2. | Marlieke Scholten | De Berkelduikers | 33.48 | 9700708 | 33.80 |
| 3. | Lotte Eising | De Berkelduikers | 34.28 | 9502098 | 34.04 |
| 4. | Alissa Onstenk | De Berkelduikers | 33.38 | 9501456 | 34.57 |
| 5. | Sabrina Vosselman | Zw | 33.85 | 9802360 | 35.03 |
| 6. | Marieke ten Have | De Berkelduikers | 34.77 | 9302272 | 35.04 |
| 7. | Jody Looman | Zw | 35.48 | 9701388 | 35.37 |
| 8. | Bernice Jager | De Berkelduikers | 37.25 | 9701416 | 36.42 |
| 9. | Manon Kolkman | De Berkelduikers | 35.89 | 9705498 | 36.99 |
| 10. | Tamara Maassen | Aquapoldro | 38.89 | 9801270 | 37.39 |
| 11. | Amber Huiskamp | Zw | 35.46 | 9401678 | 37.47 |
| 12. | Judith Wentink | De Berkelduikers | 40.80 | 9701414 | 41.03 |
| 13. | Loes v.d. Linden | De Berkelduikers | 42.98 | 9801234 | 46.77 |
| 14. | Eline Groen | Aquapoldro | 47.92 | 9504720 | 47.07 |
| 15. | Lisette Kettelarij | De Berkelduikers | 45.41 | 9602004 | 48.95 |

Juniorenmeet deel 1
Vaassen, 23.10.2010

Programmanr. 15
23-10-2010 - 16:45

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|------------------|------------------|---------|---------|----------------|
| 1. | Oliver Jongbloed | ZPC Livo | 5:18.27 | 9801645 | 5:36.86 |
| 2. | Thomas Luchies | De Berkelduikers | 5:39.68 | 9800839 | 5:55.38 |

Programmanr. 16
23-10-2010 - 16:55

Dames, 400m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|------------------|------------------|---------|---------|----------------|
| 1. | Sanne ten Have | De Berkelduikers | 5:28.98 | 9001378 | 5:21.02 |
| 2. | Maaïke Past | Aquapoldro | 6:12.56 | 9901598 | 6:05.92 |
| 3. | Marijke Boer | Zw | 6:15.71 | 9301090 | 6:07.20 |
| 4. | Britt Zweverink | De Berkelduikers | 6:06.92 | 9802952 | 6:14.74 |
| 5. | Lara van de Beek | Aquapoldro | 6:15.00 | 9705854 | 6:17.77 |